

# FENG SHUI

Fengshui ~ Nine Star Ki ~ Wuxing ~ Yin Yang ~ I Ching



Luopan (Chinese compass)

## **Fengshui**

Consists of different systems.

The most important are: San He, San Yuan, Xuan Kong Da Gua, Xuan Kong Fei Xing, Xuan Kong Liu Fa and Ba Zhai.

Feng Shui is not a magic art that suddenly makes you rich or successful. You are always the most important factor for happiness and unhappiness, including the fate with which you were born. However, Feng Shui can offer insight and solutions to problematic environments and circumstances, so that the impact of problems is reduced and more space and harmony are created to create better living conditions.

Feng Shui is the study of Qi and how Qi influences the environment, the landscape, the house and the residents. Later another branch of Feng Shui developed that has a more mathematical basis, called Li Qi. This uses formulas based on time, location and direction to calculate the Qi influence.

Feng Shui literally means "wind and water".

Wind is the air that carries Qi and water stops Qi and holds Qi. In this way Sheng Qi (good Qi) can exert a beneficial influence. However, too much wind can spread Qi, which is

unfavorable. Just as astrology is about heavenly influences (the fate of man), Feng Shui is about earthly influences. In this way, heaven, earth and man work together energetically in Chinese philosophy.

**Qi** is the creative life force that surrounds and permeates everything, one distinguishes:

\* **Cosmic Qi:** from sun, planets, stars; this spirals downwards and transforms with earth Qi. So Earth Qi is originally cosmic Qi transformed. Time is associated with cosmic Qi.

\* **Earth Qi:** the forces of the earth, such as gravity, magnetism. The earth is associated with the space in which we live.

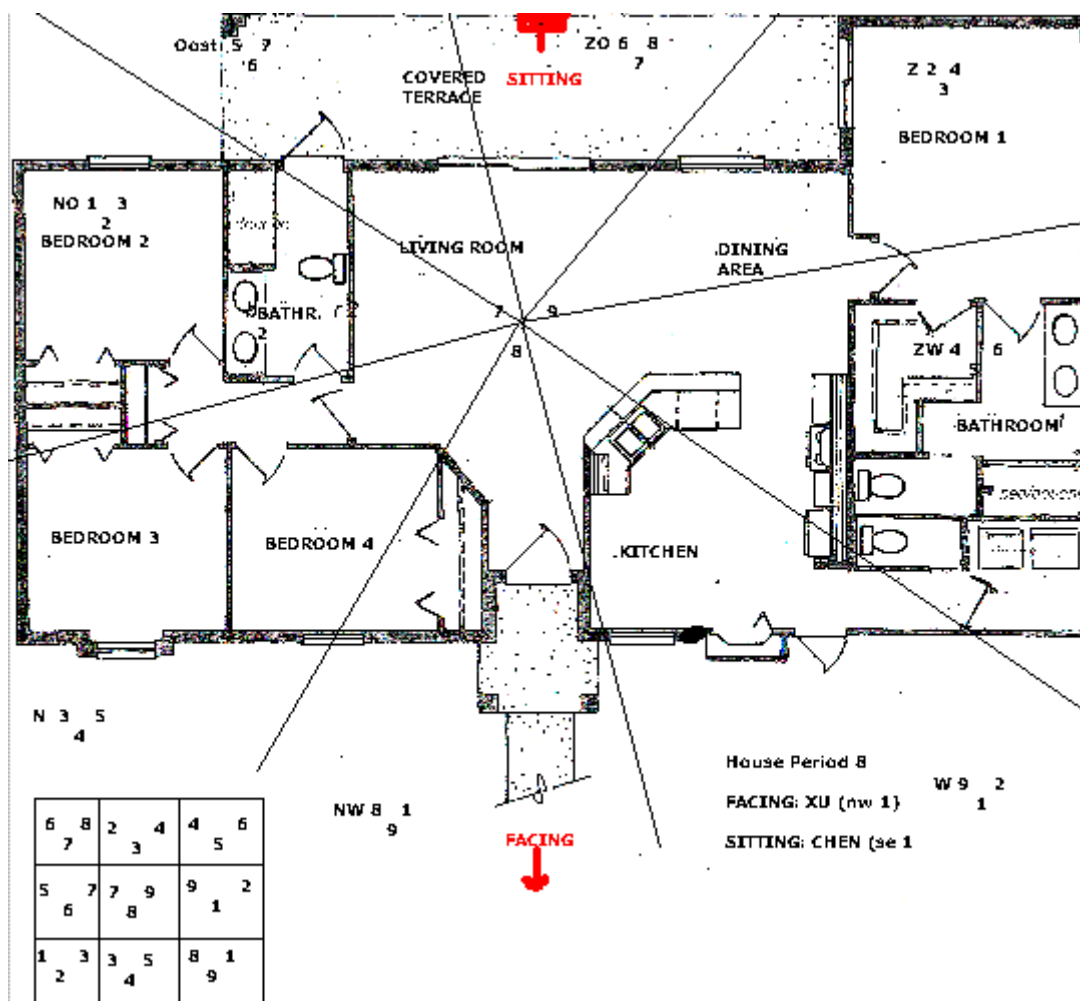
\* **Human Qi:** is the electromagnetic field of humans. This is marked with the birth. This Qi is unique as your fingerprint.

**Li Qi (Feixing)** is the mathematical Feng Shui. This consists of symbolic stars.

The favorable or unfavorable qualities of these 9 stars are partly influenced by the shapes in the environment. How the resident deals with the Qi of the Stars depends on his character and the intentions of his actions, which in turn is related to a positive or negative attitude of the person concerned.

Time is also an important factor in the Qi influence of Stars. This can have a favorable influence over a certain period of time and an unfavorable one outside of its time.

However, a favorable star can have a harmful effect under the influence of a bad shape in the environment.



Example of a flying Star chart

9 periods of 20 years are used. Every house built in a certain period of time has the energy of that period. Since 2004 (until 2024) we are now in a period 8 according to the Xuan Kong Feixing.

The **Nine stars** are:

1. Tan Lang, a White star, a good Qi bringer
2. Ju Men, a Black star, a disease-bearing Qi
3. Lu Cun, a Green star that is unfortunate
4. Wen Qu, a Dark green star, that romance and cleverness brings
5. Lian Zhen, a Yellow star, demands transformation, usually through serious problems
6. Wu Qu, a White star, which is favorable
7. Po Jun, a Red star, which can give many conflicts and conflicts
8. Zuo Fu, a White star, that brings prosperity and happiness
9. You Bi, a Purple star, lots of vitality and fiery energy



### Nine Star Ki (Kyu Sei Ki Gaku)

Eastern astrology has different systems, such as the Chinese Four Pillars Astrology (Zi Ping Ba Zi) and the Zi Wei Dou Shu. The astrology that I will describe here is Japanese astrology: Nine Star Ki. The Big Dipper stands as a constellation for the 9 "stars". They are not literally the stars, but symbolically represent the Ki forces in their different forms.

Between the third and sixth centuries, Chinese brought their philosophy and culture, including astrology, to Japan. After that it was further developed by the Japanese into the current form of 9 Star astrology.

This system is suitable for characterization as well as for divination.

A distinction is made between 5 basic Ki types, based on the **Wuxing**: "5 element theory". This Qi is converted into numbers: 1 to 9.

1 "water" - 2 "earth" - 3 "wood" - 4 "wood" - 5 "earth" - 6 "metal" - 7 "metal" - 8 "earth" - 9 "fire".

Every person has three numbers:

**year** number, **month** number, and **direction** number (appearance).

In fact, the first two numbers (year and month) are the most important when interpreting.

Year and month are also resp. Adult and Child Number (emotions) called.

Every "number" has its energy (characteristics and emotions).

The **annual or Adult** number is your complete personality, that which you have as acquired qualities and with which you continue as a basis in this life.

The **monthly or child** number is your aptitude, your motives, desires, ideals, that which has

yet to grow. The emotional life, negative or positive, results from this; especially negative patterns are reflected in stress situations.

The connection between Adult and Child number is important.

There can be a nourishing, supporting or controlling relationship between these numbers. For example, with an Adult number 6 metal and a Child number 3 wood, the 6 is in a controlling relationship with wood 3, which may mean that the emotions of 3 (impulsivity, spontaneity) are suppressed, so that 3 can come out emotionally explosively under stress. The third number was created from the point of view of which direction you can travel best or not in a certain year or month. It also indicates energetically how you come across to other people, such as the first impression. This may express something different than when you are with intimate friends. Then you use your Child and Adult numbers more.

The **calculation** of the numbers is as follows:

You take your **birth year**, for example January 1941. You add all the numbers together ( $1 + 9 + 4 + 1 = 15$ ;  $1 + 5 = 6$ ). Then you subtract 11 minus  $6 = 5$ . So 5 is your annual number. However, February 4 is the date for the start of the new year here. If you were born before that date, the previous year applies. So January 1941 becomes 1940 ( $11 \text{ minus } 5 = 6$ ).

You can calculate your **month** according to schedule:









| Maand/Month | 1-4-7 | 5-2-8 | 3-6-9 |
|-------------|-------|-------|-------|
| 4-02 / 5-03 | 8     | 2     | 5     |
| 6-03 / 5-04 | 7     | 1     | 4     |
| 6-04 / 5-05 | 6     | 9     | 3     |
| 6-05 / 5-06 | 5     | 8     | 2     |
| 6-06 / 7-07 | 4     | 7     | 1     |
| 8-07 / 7-08 | 3     | 6     | 9     |
| 8-08 / 7-09 | 2     | 5     | 8     |
| 8-09 / 8-10 | 1     | 4     | 7     |
| 9-10 / 7-11 | 9     | 3     | 6     |
| 8-11 / 7-12 | 8     | 2     | 5     |
| 8-12 / 5-01 | 7     | 1     | 4     |
| 6-01 / 3-02 | 6     | 9     | 3     |

If you were born in September 1984, then your year number is 7 and if you look under the row 1-4-7, you will see your month number 1 in the month of September.

Every 9 years you are staying with your number 7 in the center of the magic square and with your month number 1 in house 8.

The third number is calculated as follows:

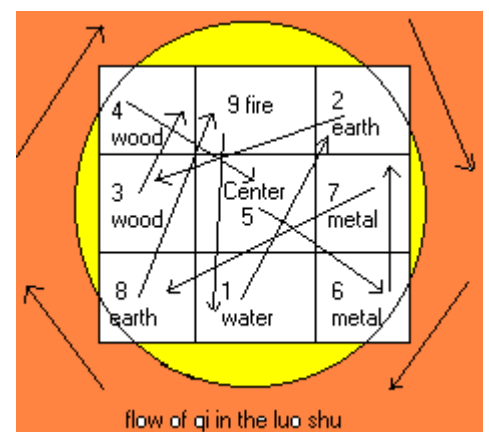
You put your child number (in this case 1) in the center and then you go through the square in the order described, (see image "Qi ~ flow" below), until you meet your year number (7). This is the case here in house 2. Your third number is then: 2.

|  |  |   |
|--|--|---|
| <br>SUN 4     | <br>LI 9  | <br>KUN 2    |
| <br>3<br>ZHEN | CENTER<br>5  | <br>7<br>DUI |
| <br>GEN 8     | <br>KAN 1 | <br>QIAN 6   |

### Houses in the magic square:

Left de numbers and the trigrams.

Right the Ki flow in the magic square



The numbers are also connected to the 8 trigrams from the Yijing (I Ching):  
(See I above)

**1** is connected with the trigram Kan (Qi from the North),

**2** with trigram Kun (Southwest),

**3** with Zhen (East),

**4** with Xun (Southeast),

**6** with Qian (Northwest),

**7** with Dui (West),

**8** with Gen (Northeast)

**9** with Li (South).

**5** has no trigram, because it represents the center of the earth (has no direction).

The trigrams give meaning to the Houses in the magic square (called LuoShu in Chinese).

### **Meaning of the Houses:**

The interpretation uses the 5 elements (Wuxing) to see which relationship your birth / monthly number has with the House in which you are for the year and month) and the properties of the trigrams of the I Ching.

**House 3 (Zhen):** house of a new start in life; a new rapid growth takes place in your existing activities.

**House 4 (Xun):** a house of growth with new branches; growth continues and new activities can take place; important to stay focused in this house.

**House 5:** the center where you were born, is often a year of finding a new direction in your life. A lot of influences and difficulties comes your way and it is important to stay well grounded. A year in which old patterns are broken down, loss is possible.

**House 6 (Qian):** The harvest from previous years can be brought to this house. You are well focused and organized here; a good year to learn good habits ( if you want to quit smoking).

**House 7 (Dui):** In this house life is relaxed. You can establish your name here (company, book publishing), financial house, earn money (and spend it).

**House 8 (Gen):** This can be a house of major changes in your life, moving house, doing something completely new in terms of study or work; also a house where communication is difficult.

**House 9 (Li):** this is the fire house, so you are in full light in this house. You can now often do things that you would otherwise not dare. Everything can come to light, even what you would rather keep hidden.

**House 1 (Kan):** the water house, a house opposite the house 9; a kind of winter time, in which the energy is at a low level. Also a house which can lead to losses. A time for internalization and meditation.

**House 2 (Kun):** This earth house is good for rehabilitating what you lost in the previous year. A good year to make plans for the future, if you enter house 3 the following year.

### **In general one can attribute the following properties to the personal numbers:**

**Water 1:** A flexible person and transparent. People can see through quickly. Can keep good secrets. Builds up his/her life slowly and needs freedom and space to feel comfortable and to develop. Love and sexuality are very important; spirituality, meditation are important topics in later life.

**Earth 2:** A caring person, thoughtful and careful. Very practical. Security and a stable,

warm family life are important. Are good at working with groups or a good host.

**Wood 3:** Dynamic, active and enthusiastic people. You often find them in sports, music. Rich in initiative, pioneers, starting something with a lot of enthusiasm, but hard to hold on to the end. Very temperamental, but one can quickly lose patience.

**Wood 4:** Gentle and sensitive people, often with great ideas. Lots of charisma, expressive eyes. Often one finds artists here. Love traveling.

**Earth 5:** A lot of power and leadership. Like to be in the center and have control. Good managers. Two types occur here, the successful type, but also the loser (drugs e.d.)

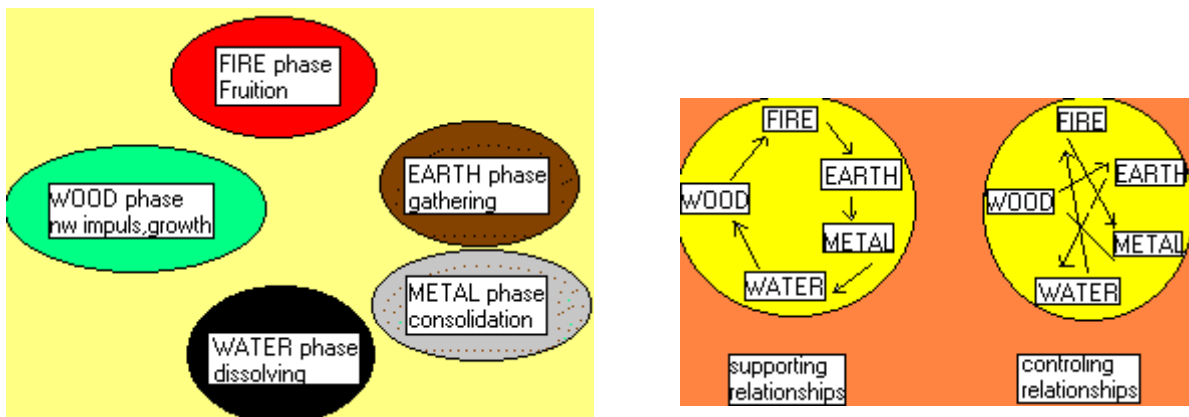
**Metal 6:** Keeping justice, are integer. Honesty, trust and respect are very important. Sensitive to criticism. Are also very self-critical. Materially minded, hard workers. You often find them in management positions.

**Metal 7:** A more flexible metal person than the 6. Loving fun, hard work, making money and spending. Are very charismatic and good talkers. Good at communication. Romance and sexuality are important issues for a 7.

**Earth 8:** Smart people, sharp intellect and highly motivated. They can exhibit workaholic symptoms ambitiously as they are. Quickly see good opportunities to take advantage of. They are outgoing and have a playful approach to life.

**Fire 9:** Very energetic people, passionate and proud, quickly touched too. They have a lot relationships, contacts and they often need several people who support them. Many TV and movie stars fall under this number.

### Wuxing ( 5 transformations van Qi )



**Qi** is a universal life force that is expressed in the following two principles:

the active (male) force (Yang) and the passive (female) force (Yin).

This encompasses the 5 transformation phases of Qi, which are expressed in all life phenomena:

- 🕒 **wood phase:** birth, new impulse, idea up to plan
- 🕒 **fire phase:** exuberant growth, implementation of plans, a radiance that can be seen from afar
- 🕒 **earth phase:** becoming complete, stabilizing
- 🕒 **metal phase:** consolidating, hardening, the fruits harvesting
- 🕒 **water phase:** resting phase, dissolving

Earth, metal, water, wood and fire are connected in different ways: nourishing and supporting each other, controlling or damaging.

- \* Water has a nourishing relationship with wood.
- \* Wood has a nourishing relationship with fire.
- \* Fire has a nourishing relationship with the earth.
- \* Earth has a nourishing relationship with metal.
- \* Metal has a nourishing relationship with water.

- \* Water controls fire
- \* Fire controls metal
- \* Metal controls wood
- \* Wood controls earth
- \* Earth controls water.

In itself, control can be positive, as in earthly forms. Earth can be a dyke along a river, so that the river stays in its bed. Metal can prune wood so that wood can become productive. Fire can melt metal, so that a utensil or piece of jewelry can be made. Wood is rooted in soil and keeps the earth together.

In the Feixing, the astrological Feng Shui, controlling relationships between "stars" often lead to conflict. Then harmonization is sought. An example of this is that a bridge is created between conflicting Qi. For example, with metal Qi a bridge with "water" can be made in conflict with wood Qi, because metal feeds water and water feeds wood. The application can take place through the use of colors or shapes, with shapes having a more powerful effect than colors. Of the colors, red is the most powerful.



**Water** is represented in Wuxing with the color black, dark blue and irregular shapes.



**Fire** is represented by the colors red, purple, orange and the triangular shapes, sharply pointed shapes.



**Earth** has the colors yellow, brown and the shapes are square, flattened mountains, for example flat roofs.



**Wood** is expressed in the colors green, rising forms, such as skyscrapers, high rising, elongated forms.



**Metal** has the colors white, silver, gold. The shapes are round, (image right)  
The mountains are another example of a water form. In itself, every mountain is a fire form, but together they are a water form:

### Yin & Yang



The Taiji symbolizes unity, the central universal force, in which the two complementary forces yin and yang work. Both forces are creative. The active yang force provides the impulse, the onset and the passive force gives the space, the nutrition. This universal principle can be found in all life processes from large to very small.

Yin and Yang is also used in Feng Shui. The first concept of yin and yang was used for light and dark: yang is the sun side of the mountain and Yin the shadow side.

If Yin and Yang are unbalanced in your environment, you can expect unwanted effects.

A house that is too open and has too much sunlight can cause a lot of turmoil and agitation.

In contrast, a dark house can cause depression and fatigue (and could attract spirits, so-called haunted houses)

Creation requires the coming together of two essential principles in the universe, the masculine and feminine principles, YIN and YANG. Nothing can ever exist and be created without the coming together of these two forces. They are the active and the receptive principle. These two principles are facets of one whole.

For a positive creation it is necessary that these two principles come together in a very harmonious and flexible way and mutually stimulate each other. With every negative creation, these principles collide and exclude each other.

But the principles remain the same.





**When Yin and Yang come together, a new creation is created**

WUJI, the infinite emptiness, from which the creation of the universe arises, the TAIJI. Yin and Yang are the forces that, when they connect, create a new creation. Yang divides into Greater Yang (Tai) and Smaller Yin (Xiao). Yin divides into Greater Yin and Smaller Yang. In this phase the 5 elements are created: Water - Wood - Fire - Earth - Metal: the 5 transformations. They further differentiate themselves in the 8 trigrams of the I Ching (Yijing)



The **I Ching** is the Book of Changes which means that life is constantly changing. These transitions (changes) are represented by the 8 trigrams. They propose processes such as seasonal transitions, family images (father, mother, three sons, three daughters), the 8 wind directions, body parts, animals, etc. The different arrangements of the trigrams lead to the (8 x 8) 64 hexagrams. A hexagram expresses metaphysically the coming together of heaven and earth, which influence the

affairs of man.

The I Ching is a book full of wisdom. That the I Ching can predict the future and even the time when, is only partially true, in the sense that it fits in with the subjectivity of the person asking the question. For me the I Ching helps with my meditation about what I want an answer to. Because in fact the answers are already present within yourself.

This makes the I Ching a valuable companion on the road to yourself.

A question and answer that are correctly understood can provide a good intuitive solution to an existing problem.

There are different methods to ask the I Ching questions:

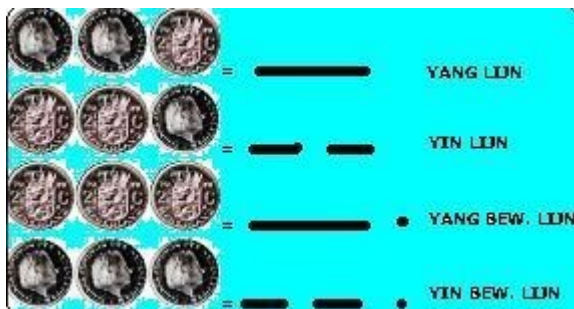
- 1) The Plum Flower Method (Mei Hua Xin Yi)
- 2) The Wen Wang Gua
- 3) Throwing sticks, but one of the best known and easiest is throwing coins and then reading the text for the answer.

When throwing the coins you need three of the same size.

First you concentrate on the question that should be asked as clearly and concretely as possible. With the question in mind, shake the coins, put them in both hands and then throw them on a flat surface. These 3 coins indicate a Yang line, a yin line, or a moving line.

A yang line is one straight line, a yin line is a broken line. A moving line indicates that there is a transition to a new hexagram.

A moving yang line gives a yin line in the next hexagram and a moving yin line a yang line in the next hexagram.



The moving lines are important to read, because they indicate in concrete terms how you are dealing with the situation of your question. A hexagram with no moving lines indicates a static or stable state. The second hexagram must be read in the context of the first hexagram and indicate with the moving lines how you should interpret your situation.

### How to find Hexagrams:

| →<br>↓    | QIAN<br>☰ | ZHEN<br>☷ | KAN<br>☵ | GEN<br>☶ | KUN<br>☷ | XUN<br>☴ | LI<br>☲ | DUI<br>☱ |
|-----------|-----------|-----------|----------|----------|----------|----------|---------|----------|
| QIAN<br>☰ | 1         | 34        | 5        | 26       | 11       | 9        | 14      | 43       |
| ZHEN<br>☷ | 25        | 51        | 3        | 27       | 24       | 42       | 21      | 17       |
| KAN<br>☵  | 6         | 40        | 29       | 4        | 7        | 59       | 64      | 47       |
| GEN<br>☶  | 33        | 62        | 39       | 52       | 15       | 53       | 56      | 31       |
| KUN<br>☷  | 12        | 16        | 8        | 23       | 2        | 20       | 35      | 45       |
| XUN<br>☴  | 44        | 32        | 48       | 18       | 46       | 57       | 50      | 28       |
| LI<br>☲   | 13        | 55        | 63       | 22       | 36       | 37       | 30      | 49       |
| DUI<br>☱  | 10        | 54        | 60       | 41       | 19       | 61       | 38      | 58       |

### Example hexagram 8:

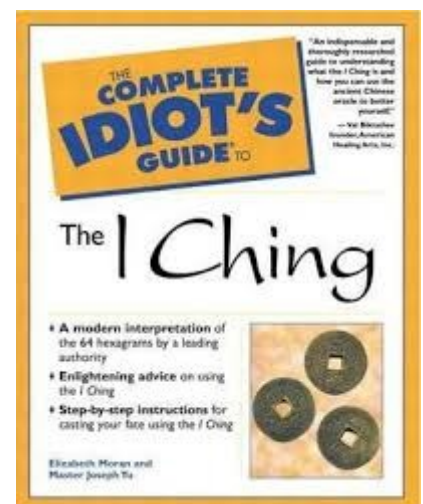
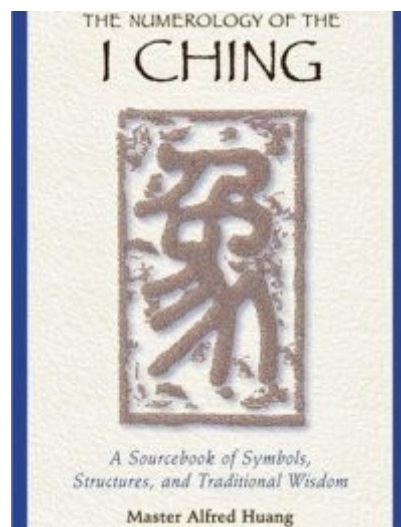
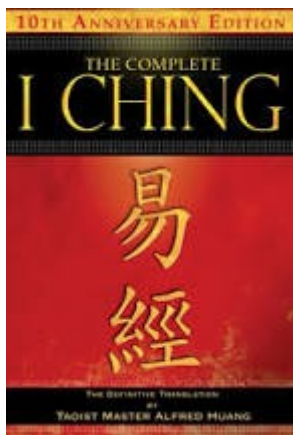
The lower trigram is KUN and the upper trigram is KAN. In the table above, your first look is in the left column for the lower trigram (KUN). Then you go over the table, until you find the trigram (KAN) in the upper horizontal column. The number 8 that you then find is the number of the hexagram.

### Some books about the I Ching:

"The I Ching or the Book of Changes" by Richard Wilhelm

"Numerology of the I Ching" by Alfred Huang

"The Complete Idiot's Guide to the I Ching" by Elizabeth Moran and Joseph Yu.



<http://www.innerlijke-beelden.nl>